



The Hong Kong College of
Obstetricians & Gynaecologists

Structured Training Log Book

Trainee's Name : _____

Period Covered : _____ to _____

The Hong Kong College of Obstetricians and Gynaecologists
is a Constituent College of
Hong Kong Academy of Medicine

STRUCTURED TRAINING LOG BOOK

LIST OF MODULES	Page Numbers
Introduction to the Structured Training Log Book	1-2
Module 1 History Taking and Counselling	3
Module 2 Management, Administration and Audit	4
Module 3 Teaching and Assessment	5
Module 4 Research Methodology and Information Technology	6
Module 5 General Surgical Skills	7
Module 6 Post-operative Care	8
Module 7 Surgical Procedures	9
Module 8 Antenatal Care	10
Module 9 Fetal Development	11
Module 10 Complications of Pregnancy	12
Module 11 Management of Labour	13
Module 12 Management of Delivery	14
Module 13 Post-partum Problems	15
Module 14 Gynaecological Problems	16
Module 15 Infertility and Assisted Reproduction	17
Module 16 Contraception and Termination of Pregnancy	18
Module 17 Pregnancy Loss	19
Module 18 Ectopic Pregnancy	20
Module 19 Oncology and Palliative Care	21
Module 20 Urogynaecology	22

INTRODUCTION TO THE STRUCTURED TRAINING LOG BOOK

1. Purpose of the Log Book

The Structured Training Log Book represents a fundamental change from recording experience to recording competence. All trainees entering the HKCOG training program after 1 July 1999 are required to use this log book.

This log book allows the trainee to monitor his/her own competence, to recognise gaps and address them. It describes the minimum competence level expected of the trainee ready to sit the HKCOG Intermediate Assessment and these are clearly marked 'M'. The targets required for the Exit Assessment are marked 'E'. The log book also acts as part of the summative assessment process for the trainees.

2. The Modules of the Curriculum

In this log book there are 20 modules which make up the content of O&G specialist training, ranging from the basic history taking to the subspecialty fields of obstetrics and gynaecology.

3. Levels of Competence

Each module has specific targets. Every target has an 'expected competence level' that a trainee must achieve. The level of competence ranges from observation (1) to independent practice (5).

Level 1	Observes	Observes the clinical activity performed by a colleague
Level 2	Assists	Assists a colleague to perform the clinical activity
Level 3	Direct Supervision	Performs the entire activity under direct supervision of a senior colleague
Level 4	Indirect Supervision	Performs the entire activity with indirect supervision of a senior colleague
Level 5	Independent	Performs the entire activity without need for supervision

Level 1 and Level 2 competence include the ability to present basic and clinical knowledge, exhibition of clinical reasoning and identification of relevant principles associated with the target activity.

4. **Using the Log Book**

Most of the modules contain two sections.

Upper Section:

Different levels of competence are required for different targets. The open blank box identifies obligatory training targets. Those marked with 'E' require assessment and signing by the trainer. The shaded area allows self-monitoring by the trainee, and requires no signature from the trainer. Targets identified by the black boxes need not be achieved.

Lower Section:

The lower section is provided entirely for self-monitoring by the trainee. The open boxes require the entry of the date when competence is reached.

MODULE 1	HISTORY TAKING AND COUNSELLING
-----------------	---------------------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Take a gynaecological history and perform a gynaecological examination					M&E		
2	Take an obstetric history and perform an obstetric examination					M&E		
3	Take a psychological history and counsel about psychosexual problems			M	E			
4	Take an infertility history from both partners and counsel regarding success rates and problems of failure					M&E		
5	Take a urogynaecological history					M&E		
6	Give pre-pregnancy counselling					M&E		
7	Counsel regarding screening for congenital malformation					M&E		
8	Counsel after bereavement, perinatal death and miscarriage					M&E		
9	Counsel after malignancy diagnosis					M&E		
10	Counsel when fetal abnormality is present					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
11	Take a genetic history and counsel about genetic problems	M&E	
12	Counsel regarding sexually transmitted diseases	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 1			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 2	MANAGEMENT, ADMINISTRATION AND AUDIT
-----------------	---

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Keep appropriate medical records including legibility, dating and signing					M&E		
2	Conduct administrative tasks such as discharge letters, review of laboratory results, liaison with professional colleagues, and arrangement of patient review					M&E		
3	Impart information and education to patients effectively					M&E		
4	Perform organisational tasks such as duty rotas, organising meetings etc				M	E		
5	Design and follow through an audit project					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
● Demonstrate proficiency in:			
6	Business planning	M&E	
7	Resource management, budgeting, rationing	M&E	
8	Clinical effectiveness, quality assurance, risk management	M&E	
9	Human resources/people management, team building, complaints procedures, professional development	M&E	
10	Procedures for recruitment and appointment of staff	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 2			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 3	TEACHING AND ASSESSMENT
-----------------	--------------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Demonstrate skill using different instructional methods such as teaching, lecturing, small group facilitation, bedside and practical instruction				M	E		
2	Perform formative assessments			M&E				
3	Develop and present instructional session				M	E		

It is recommended that trainees attend courses to acquire the skills for these targets. Experience should be gained in formal teaching of trainees and other groups such as midwives, medical students and nurses.

SIGNATURE TO CONFIRM COMPLETION OF MODULE 3			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 4	RESEARCH METHODOLOGY AND INFORMATION TECHNOLOGY
-----------------	--

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Critically appraise published material					M&E		
2	Participate in the running of a journal club (or similar review meeting)					M&E		
3	Use information technology and library services in searching through medical literature					M&E		
4	Use the Cochrane database					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
5	Recognise the principles, theory and practice of medical research including research design and the interpretation of research data	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 4			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 5	GENERAL SURGICAL SKILLS
-----------------	--------------------------------

It is recommended that trainees supplement personal supervision with training on courses to acquire these skills

M = MRCOG/MHKCOG target

E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Assess pre-operatively, arrange investigations, ensure arrangements for surgery, arrange prophylaxis and any necessary pre-operative therapy					M&E		
2	Be able to obtain informed consent, having explained in an appropriate manner the benefits and drawbacks of the procedure					M&E		
3	Exhibit appropriate surgical decision making in both the elective and emergency situations				M	E		
	<ul style="list-style-type: none"> Exhibit appropriate manual dexterity and surgical technique including appropriate preparation, incision and entry techniques, exploration, intra-operative decision making, choices of equipment and materials, safety, haemostasis, wound closure and appropriate lavage or drainage: 							
4	in major abdominal surgery				M	E		
5	in minimal access surgery				M	E		

Supervisors will need to organise regular supervision such that progress on these targets can be adequately assessed. Simulation may be useful for both training and supervision.

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
6	Be able to recognise and initially manage intra-operative complications e.g. damage to bladder, bowel, blood vessels or ureters*		M&E

*These complications require consultation with appropriate senior staff for further management

SIGNATURE TO CONFIRM COMPLETION OF MODULE 5			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 6	POST-OPERATIVE CARE
-----------------	----------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Organise post-operative management including appropriate review and assessment of progress; liaison with other professional; fluid and electrolyte management; insert and remove urethral and suprapubic catheters.					M&E		
2	Explain operation to patient and relatives, answer questions and reassure					M&E		
3	Initially manage collapse or cardiac arrest*					M&E		

It is strongly recommended that the trainee attends an appropriate course in cardiac pulmonary resuscitation and advanced trauma life support to achieve level 5

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
4	Be able to recognise and manage to an appropriate level post-operative complications including atelectasis; bleeding; pyrexia; thromboembolic disease; dehiscence; wound infection, other sepsis; lung, cardiac, renal and hepatic compromise; fistula; transfusion reaction.	M	E

Supervisor should check theoretical knowledge and understanding of these issues as well as observing ward performance

SIGNATURE TO CONFIRM COMPLETION OF MODULE 6			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 7	SURGICAL PROCEDURES
-----------------	----------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Diagnostic laparoscopy (including staging of endometriosis)					M&E		
2	Laparoscopic sterilisation					M&E		
3	General laparoscopic skills eg. diathermy to endometriosis, ovarian drilling, release of minor adhesions, biopsy, haemostasis etc				M	E		
4	Diagnostic hysteroscopy and target biopsy					M&E		
5	Simple hysteroscopic procedures (eg. polypectomy)				M	E		
6	Endometrial ablation or resection		M		E			
7	Laparotomy (including capability of performing tubal ligation, salpingectomy, oophorectomy, ovarian cystectomy and adhesiolysis)				M	E		
8	Total and sub total abdominal hysterectomy			M		E		
9	Vaginal hysterectomy			M		E		
10	Anterior vaginal repair			M		E		
11	Posterior vaginal repair			M		E		
12	Surgery for recurrent prolapse			M	E			
13	Suprapubic suspension procedures			M		E		
14	Repair of enterocele			M	E			
15	Marsupialisation of Bartholin's cyst					M&E		
16	Myomectomy			M		E		

SIGNATURE TO CONFIRM COMPLETION OF MODULE 7			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 8	ANTENATAL CARE
-----------------	-----------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Conduct booking visit, including assessment of intercurrent disease					M&E		
2	Conduct follow-up visit including appropriate diagnostic imaging					M&E		
3	Manage minor problems of pregnancy including hyperemesis, haemorrhoids, gastric reflux, backache					M&E		
4	Perform cervical cerclage			M		E		
5	Manage multiple pregnancy					M&E		
6	Manage pre-term labour					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
7	External cephalic version	M&E	
8	Arrange in utero transfer		M&E
9	Determine cause of and manage hyperemesis gravidarum		M&E
10	Antepartum haemorrhage - plan care		M&E
11	Malpresentation - manage care		M&E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 8			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 9	FETAL DEVELOPMENT
-----------------	--------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Interpret the ultrasound diagnosis of growth restriction by ultrasound					M&E		
2	Investigate the cause of growth restriction, monitor progress and decide on timing and mode of delivery				M	E		
3	Perform amniocentesis		M&E					
4	Diagnose and manage pre-term pre-labour rupture of membranes					M&E		
5	Interpret the assessment of a fetus by cardiotocograph and ultrasound					M&E		
6	Assess risk in fetal haemolysis		M	E				
● Perform ultrasound scan to:								
7	Assess liquor volume			M		E		
8	Determine fetal presentation					M&E		
9	Assess gestational age			M	E			
10	Determine placental site			M	E			

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
● Observe application of ultrasound:			
11	Intra-uterine transfusion/cordocentesis	M&E	
12	Chorionic villus sampling/placental biopsy	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 9			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 10	COMPLICATIONS OF PREGNANCY
------------------	-----------------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
<ul style="list-style-type: none"> Diagnose, investigate and manage with appropriate consultation: 								
1	Pregnancy-induced hypertension					M&E		
2	Thromboembolism					M&E		
3	Impaired glucose tolerance and diabetes mellitus					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
<ul style="list-style-type: none"> Diagnose and plan management with appropriate consultation in the following conditions: 			
4	Hypertension		M&E
5	Kidney disease	M	E
6	Heart disease	M	E
7	Liver disease	M	E
8	Maternal haemoglobinopathy	M	E
9	Coagulation defects	M	E
10	Abdominal pain including potential appendicitis		M&E
11	Inflammatory bowel disease	M	E
12	Intercurrent infection		M&E
13	Psychological disorders	M	E
14	Infectious disease	M	E
15	Epilepsy	M	E
16	Endocrinopathies	M	E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 10			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 11	MANAGEMENT OF LABOUR
------------------	-----------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Manage normal labour, conduct spontaneous vaginal delivery and normal 3rd stage including perform and repair an episiotomy					M&E		
2	Induce labour					M&E		
3	Manage delay in labour					M&E		
4	Perform fetal blood sampling					M&E		
5	Manage severe pre-eclampsia/eclampsia			M		E		
6	Recognise and initiate treatment in acute obstetric emergency eg. haemorrhage, abruption, amniotic fluid embolism, or pulmonary embolus				M	E		
7	Recognise and initiate treatment in the presence of intra-uterine infection					M&E		
8	Contribute to the management of pain relief					M&E		
9	Manage perinatal death					M&E		

Target 6 preferably needs formal testing on an advanced trauma life support course
Target 9 preferably needs a short counselling course

SIGNATURE TO CONFIRM COMPLETION OF MODULE 11			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 12	MANAGEMENT OF DELIVERY
------------------	-------------------------------

M = MRCOG/MHKCOG target
 E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
● Manage appropriately:		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Non-rotational assisted vaginal delivery					M&E		
2	Rotational assisted vaginal delivery				M	E		
3	Shoulder dystocia					M&E		
4	Vaginal breech delivery				M	E		
5	Pre-term delivery					M&E		
6	Vaginal delivery in multiple pregnancy				M	E		
7	Caesarean section					M&E		
8	Retained placenta					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
● Conduct appropriate delivery in:			
9	Pre-eclampsia	M	E
10	Fetal growth restriction	M	E
11	Fetal malformation	M	E
12	Vasa praevia	M	E
13	Malpresentation	M	E
14	Placenta praevia	M	E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 12			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 13	POST-PARTUM PROBLEMS
------------------	-----------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Manage primary post-partum haemorrhage					M&E		
2	Manage secondary post-partum haemorrhage					M&E		
3	Manage perineal and vaginal tears					M&E		
4	Identify and repair damage to rectum and anal sphincters			M		E		
5	Identify and repair cervical laceration			M		E		
6	Immediate resuscitation of a neonate			M		E		
7	Manage puerperal pyrexia and sepsis			M		E		
8	Conduct postnatal visit including contraceptive advice					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
<ul style="list-style-type: none"> ● The skill to manage the following conditions may need specific training: 			
9	Manage internal obstetric haemorrhage, including uterine rupture and broad ligament bleeding		M&E
10	Perform iliac vessel ligation and obstetric hysterectomy	M&E	
11	Manage uterine inversion	M&E	
12	Manage puerperal psychological problems		M&E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 13			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 14	GYNAECOLOGICAL PROBLEMS
------------------	--------------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
● Diagnose, investigate and manage:								
1	Amenorrhoea					M&E		
2	Infrequent menses and anovulation					M&E		
3	Menstrual irregularity					M&E		
4	Excessive menstruation					M&E		
5	Dysmenorrhoea, dyspareunia and other pelvic pain					M&E		
6	Vaginal discharge and infection					M&E		
7	Premenstrual syndrome					M&E		
8	Vulval problems including appropriate biopsy					M&E		
9	Problems of the climacteric and menopause					M&E		
10	Endometriosis					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
● Diagnose, investigate and manage:			
11	Hirsutism	M&E	
12	Paediatric gynaecological problems	M&E	
13	Puberty problems	M&E	
14	Developmental abnormalities of the genital tract	M&E	
15	Psychosexual problems	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 14			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 15	There may be conscientious objection to some part of the section INFERTILITY AND ASSISTED REPRODUCTION
------------------	--

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Take a history, examine and request appropriate investigations					M&E		
2	Counsel patients regarding fertility problems					M&E		
3	Assess fertility status at laparoscopy					M&E		
4	Recognise, initially deal with and appropriately refer psychosexual problems in relation to infertility					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

The following targets imply an appropriate number of visits to an Assisted Conception Unit experiencing what takes place and fully understanding the principles of case selection and referral (including HFEA Regulations)

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
5	Examine and investigate the male partner	M&E	
6	Manage male factor infertility including donor insemination	M&E	
7	Observe the assessment and counselling of couples requiring assisted reproduction	M&E	
8	Management and complications of ovulation induction	M&E	
9	Witness laboratory and clinical techniques in assisted conception	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 15			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 16	There may be conscientious objection to some parts of this section CONTRACEPTION AND TERMINATION OF PREGNANCY
------------------	---

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Assessment for termination of pregnancy - take history, counsel and screen regarding referral					M&E		
2	Counsel regarding intended contraceptive use					M&E		
3	Perform first trimester termination of pregnancy					M&E		
4	Advise, prescribe and fit appropriate contraception eg. intra-uterine contraceptive device, diaphragm and subdermal contraceptive implant					M&E		
5	Counsel regarding female sterilisation*					M&E		
6	Counsel regarding vasectomy					M&E		
7	Manage patients requiring emergency contraception					M&E		
8	Manage late termination of pregnancy					M&E		

*See Module 7 for surgical procedures

SIGNATURE TO CONFIRM COMPLETION OF MODULE 16			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 17	PREGNANCY LOSS
------------------	-----------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Assess early pregnancy for viability with ultrasound				M&E			
2	Assess, counsel and manage missed abortion					M&E		
3	Perform evacuation of uterus					M&E		
4	Diagnose and manage septic abortion					M&E		
5	Investigate and manage recurrent abortion					M&E		
6	Manage second trimester pregnancy loss					M&E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
7	Diagnose and initiate management of trophoblastic disease	M	E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 17			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 18	ECTOPIC PREGNANCY
------------------	--------------------------

Note Module 5 competencies in basic log book

M = MRCOG/MHKCOG target

E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Clinically assess, investigate and manage suspected ectopic pregnancy					M&E		
2	Manage laparoscopically			M		E		
3	Manage by open surgery					M&E		
4	Manage medically					M&E		

SIGNATURE TO CONFIRM COMPLETION OF MODULE 18			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 19	ONCOLOGY AND PALLIATIVE CARE
------------------	-------------------------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Be able to interpret cervical cytology reports and counsel women					M&E		
2	Perform colposcopy, assess the vulva, vagina and cervix. Perform large loop excision of the transformation zone			M	E			
3	Manage palliative care in liaison with expert team and visit hospice				M&E			

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
4	Manage pre-malignant conditions of the genital tract		M&E
<ul style="list-style-type: none"> Recognise, assess and manage surgically and non-surgically carcinoma of: 			
5	cervix		M&E
6	endometrium		M&E
7	ovary		M&E
8	vulva		M&E
9	Evaluate response to oncological treatment and counsel regarding prognosis		M&E

SIGNATURE TO CONFIRM COMPLETION OF MODULE 19			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	

MODULE 20	UROGYNAECOLOGY
------------------	-----------------------

M = MRCOG/MHKCOG target
E = Exit Assessment target

TARGETS REQUIRING SIGNATURE		EXPECTED COMPETENCE LEVEL					CERTIFICATION	
		Trainee ticks when achieved					Trainer to sign and date when Exit Assessment competence level achieved	
		1	2	3	4	5	Sign	Date
1	Obtain and interpret appropriate history					M&E		
2	Interpret frequency volume charts, uroflowmetry, cystometry and ultrasound residual volume				M	E		
3	Undertake non-surgical management of bladder symptoms including voiding disorders and urgency					M&E		
4	Perform appropriate surgery for genuine stress incontinence			M	E			
5	Perform urethrocystoscopy				M	E		

TRAINEE MONITORED TARGETS: SUPERVISOR TO DISCUSS TRAINEE'S COMPETENCE BEFORE SIGNING MODULE AS COMPLETE

TARGETS		Trainee to date when level is achieved	
		Observation and experience if appropriate	Independent competence
6	Manage pelvic floor exercises and bladder retraining	M&E	
7	Gain experience of tertiary assessment of urinary problems	M&E	

SIGNATURE TO CONFIRM COMPLETION OF MODULE 20			
Name of Supervisor	Signature of Supervisor	Date	Hospital(s) / Unit(s)
Name of Trainee	Signature of Trainee	Date	