

# Important Deadlines for Structured Training of Obstetrics and Gynaecology

The following serves as a general summary of the usual deadlines for examinations and submission of training documents. However, trainees should pay attention to the respective sources attentively for the most updated information.

## 1. MRCOG Examinations

- **Examination dates**
  - Part I and II: every January and July
  - Part III: every May and November
- Applicants must complete an Expression of Interest form prior to the actual booking of each examination
- Applicants must complete the Assessment of Training (AoT) approximately 3 months prior to Part III examination
- A minimum of 4 years in Obstetrics and Gynaecology full-time is required before the AoT
- Applicants can apply for the part II exam any time after passing part I (there is no longer a minimum training requirement)
- Details on AoT:
  - <https://www.rcog.org.uk/careers-and-training/exams/mrcog-our-specialty-training-exam/assessment-of-training-aot/>
- Details on MRCOG exams:
  - <https://www.rcog.org.uk/careers-and-training/exams/book-an-exam/>

## 2. HKCOG Structured Oral Examination (SOE)

- **Examination dates**
  - Every April and October
- Application deadline is approximately 2 months prior to the examination
- Requirements:
  - Passed MRCOG Part I examination
  - Completed 2 years of supervised training in Obstetrics and Gynaecology prior to the examination
- Details:
  - [https://www.hkcog.org.hk/hkcog/pages\\_2\\_53.html](https://www.hkcog.org.hk/hkcog/pages_2_53.html)

### 3. HKCOG Exit Assessment

- **Examination dates**
  - Every January and July
- Application deadline is approximately 3 months prior to the examination
- Approval for research output from the Research Subcommittee of the College should be submitted with the application 3 months prior to the examination
  - January assessment: last working day of October
  - July assessment: last working day of April
- Details:
  - [https://www.hkcog.org.hk/hkcog/pages\\_2\\_53.html](https://www.hkcog.org.hk/hkcog/pages_2_53.html)

### 4. Application for Higher Training

- **Requirements**
  - Passed SOE
  - Completed a minimum of 4 years of supervised training in Obstetrics and Gynaecology
- Approval must be obtained from the College within 3 months of commencement of higher specialist training
- Details:
  - [https://www.hkcog.org.hk/hkcog/pages\\_2\\_50.html](https://www.hkcog.org.hk/hkcog/pages_2_50.html)

### 5. Application for Elective Training

- Elective and research programmes should be prospectively approved by the Education Committee
- If an elective period is applied for research training, the proposal and programme should be submitted to the Education Committee not less than 3 months before the scheduled commencement of the period
- Certificate of satisfactory completion of training should be submitted within 6 months of completion of elective training and before the Exit assessment
- Details:
  - [https://www.hkcog.org.hk/hkcog/Download/2-Specialty\\_training\\_in\\_general.pdf](https://www.hkcog.org.hk/hkcog/Download/2-Specialty_training_in_general.pdf)
  - [https://www.hkcog.org.hk/hkcog/Download/research\\_mar2007.pdf](https://www.hkcog.org.hk/hkcog/Download/research_mar2007.pdf)

## 6. Application for Leave

- All study leaves (including examination leaves) must be prospectively approved by the Education Committee
- Applications for approval of study leave should be submitted to the College at least 2 weeks prior to the starting date of leave period. Any study leave application passing the deadline would not be granted.
- Applications should be sent:
  - to [admin@hkcog.org.hk](mailto:admin@hkcog.org.hk) (for trainees commencing training before 1<sup>st</sup> July 2021)
  - via e-portfolio (for trainees commencing training on/after 1<sup>st</sup> July 2021)
- The following must be included in the applications:
  - Leave approval from the COS of your unit
    - ◆ Note that this is not the same as approval from the HR department
  - Confirmation of acceptance from exam/course organiser
- If prospective approval cannot be obtained
  - Trainees should inform the College as soon as possible
  - Record the leave in their logbook
  - Approval is still subject to the College's final decision
  - Example: study leave for MRCOG part I examination at the beginning of first-year training while application of entry to specialty training is still in progress
- If approval is not obtained, then the leave duration will be counted towards total number of days of absence from work
- 90 calendar days are allowed for taking maternity or paternity leave/sick leave/special leave/absence from work for other reasons without remedial training
- Trainees need to inform the College within 3 months once the 90 days allowance is exceeded to assess the need of remedial training
- Refer to the "Leave rule of HKCOG" on the HKCOG trainee register/higher training/exam application form:
  - [https://www.hkcog.org.hk/hkcog/pages\\_2\\_53.html](https://www.hkcog.org.hk/hkcog/pages_2_53.html)
- The following mandatory HKCOG training courses are regarded as part of training and therefore, not required to apply for College study leave. Pre-approved elective training by the Education Committee is also exempted from applying study leave.
  - HKCOG Research Course for Trainees
  - Family Planning Training Programme
  - HA O&G Ultrasound training course lecture
  - ALSO / PROMPT / SOPHIE
  - HA O&G fundamental surgical skill workshop
  - HA introductory Gynaecological Endoscopic surgery workshop
  - HA intermediate Gynaecological Endoscopic surgery workshop
  - Perineal repair workshop (recommended)

- Basic Colposcopy workshop (recommended)

Trainees, however, may be required by individual unit to apply HA study leave for their training course.